

## PE Curricular/Extra Curricular Enrichment Programme 2024-25

The curricular enrichment programme at All Hallows Catholic College is designed to complement the academic curriculum, ignite a spark, encourage students to try something new and extend their aspirations and interests beyond the classroom. These opportunities help form students spiritually, socially and emotionally so they can grow in maturity and self-confidence.

Termly Activities	Activity	Target Group	Student Development
Term 1 Sep-Oct	<b>Fixtures:</b> Rugby, Football, Netball, Basketball, Cross Country	All year groups	<ul style="list-style-type: none"> <li>• Representation of school</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Skill building in sport and competition</li> <li>• Leadership</li> </ul>
Term 2 Oct-Dec	<b>Fixtures:</b> Rugby, Football, Netball, Basketball, Cross Country, National Netball tournament 'Elf run' Charity event	All year groups  Y10 Y7 & 8	<ul style="list-style-type: none"> <li>• Representation of school</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Skill building in sport and competition</li> <li>• Leadership</li> </ul>
Term 3 Jan-Feb	<b>Fixtures:</b> Indoor Athletics, Football, Basketball, Rugby 5-a-side football  GCSE PE climbing trip (residential weekend) to 'High Adventure'	All year groups	<ul style="list-style-type: none"> <li>• Representation of school</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Skill building in sport and competition</li> <li>• Leadership</li> </ul>
Term 4 Feb-Easter	<b>Fixtures:</b> Rugby, Football, Netball, Basketball, Cross Country,	All year groups	<ul style="list-style-type: none"> <li>• Representation of school</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Skill building in sport and competition</li> <li>• Leadership</li> </ul>
Term 5 Easter-May	<b>Fixtures:</b>  Athletics, Cricket, Rounders, Tennis, Lacrosse	All year groups	<ul style="list-style-type: none"> <li>• Representation of school</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Skill building in sport and competition</li> <li>• Leadership</li> </ul>

Term 6 May-Summer	<b>Fixtures:</b> Athletics, Cricket, Rounders, Tennis, Lacrosse, Quadkids	All year groups	<ul style="list-style-type: none"><li>• Representation of school</li><li>• Teamwork</li><li>• Communication</li><li>• Skill building in sport and competition</li><li>• Leadership</li></ul>
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