

RSE at All Hallows

2023-2024

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What is RSE?

Relationships and sex education (RSE) is learning about the *spiritual, emotional, social* and *physical* aspects of growing up, relationships, sex, human sexuality and sexual health.



It should equip young people with the information, *skills* and *values* to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being.

Does learning about relationships and sex promote sexual activity?

The research on the quality of RSE points to a more positive outlook: 87 programmes from many countries were examined by UNESCO in 2009. This led to the conclusion that if RSE has an effect it is a positive one:

'sexuality education can lead to later and more responsible sexual behaviour or may have no discernible impact on sexual behaviour.'

UNESCO in 2009

Does learning about relationships and sex promote sexual activity?

Analysis by the NATSAL team over several years consistently shows that men and women who said that lessons at school were their main source of information about sex were more likely to have started having sex at a later age than those for whom parents or other sources, were their main source.

Schools have an important role to play in RSE

What is the purpose of **RSE** at All Hallows?

To build upon and engage with the ethos and values of our Catholic Christian context

To provide young people with the knowledge, understanding and skills they need to manage their relationships and the challenges they may face, now and in the future.

‘RSE is part of the mission of Catholic schools to educate the whole person. It should be carried out as part of the holistic education which seeks to form as well as inform young people in preparation for adult life. ‘ Catholic Education Service

‘human life, as a gift from God is sacred and inviolable... The meaning of life is found in giving and receiving love, and, in this light, human sexuality and procreation reach their true and full significance.’

Pope John Paul II, Evangelium Vitae

Guidelines: Statutory and Diocesan

A model Catholic Secondary RSE Curriculum

Made on: Autumn 2016

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Any teaching about love and sexual relationships in a Catholic school must be rooted in the Catholic Church's teaching about what it is to be truly human in Christ, what it means to live well in relationship with others and be presented within a positive framework of Christian virtue. For this reason, we encourage Catholic schools to speak about Relationship and Sex Education (RSE) rather than Sex and Relationship Education (SRE), since this emphasises the importance of healthy relationships to human well being, as the core learning within an RSE curriculum.

Guidelines: Statutory and Diocesan

Department for education

Made on: 01 March 2017

Made by Justin Greening (Secretary of State for Education and Minister for Women with Equalities)

RSE and PSHE teach children and young people how to stay safe and healthy, and how to negotiate some of the personal and social challenges they will face growing up and as adults. These subjects form part of the building blocks young people need to thrive in modern Britain. At the moment, too many young people feel they don't have the RSE they need to stay safe and navigate becoming an adult.

It is time to make this change to ensure all children and young people have access to these subjects and to update the current statutory guidance for RSE which was introduced nearly 20 years ago, in 2000. We need high-quality, age-appropriate content that relates to the modern world, addressing issues like cyber bullying, 'sexting' and internet safety.

Guidelines: Statutory and Diocesan

Press release

Review of relationships, sex and health education to protect children to conclude by end of year

Review to be informed by expert panel, in response to concerning reports of inappropriate content being taught

From: [Department for Education](#), [The Rt Hon Gillian Keegan MP](#), and [The Rt Hon Kemi Badenoch MP](#)

Published 31 March 2023

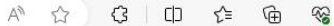


New Relationships, Sex, Health and Education (RSHE) statutory guidance will be completed by the end of the year, in response to disturbing reports that inappropriate material is being taught in some schools.


The review is needed to make sure all children are protected from inappropriate content in all cases, even if many schools already teach RSHE and engage parents in a positive way.

TenTen Resources (DfE guidance)



https://www.tentenresources.co.uk/your-subscriptions/




Subscriptions Home



Life to the Full
Secondary Schools



Character Education
Secondary Schools



The Hub
Articles, guidance and support



Manage subscriptions



Online Parent Portal - Life to the Full

RSHE for Catholic secondary schools

Welcome!

Life to the Full is a programme in Relationship, Sex and Health Education for Catholic secondary schools throughout the UK.

Our Online Parent Portal contains:

- An **overview** of the programme, "Life to the Full"
- **Guidance** for parents on the content of lessons
- **Activities** that can be undertaken at home to support the delivery of the programme



Parental access

USERNAME: all-hallows-sk11

PASSWORD : Purple-door

SRE Curriculum at All Hallows: Ten Ten

Overview

Life to the Full Secondary

Ten:Ten
Resources

Class	RE, PSHE or Tutor Time							Whole Year		
Main themes	All	Created and Loved by God			Created to Love Others	Created to Live in Community		All		
Sub themes	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Personal Relationships	Keeping Safe	Living In The Wider World	Cinema In Education		
Sessions per programme	Session 1 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 2 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 3 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 4 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 5 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 6 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 7 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 1 Whole or half-year groups	Session 2 Whole or half-year groups	Session 3 Whole or half-year groups
Year 7	Who Am I?	Changing Bodies	Healthy Inside and Out	Where We Come From	Family and Friends	My Life on Screen	Living Responsibly	Facts of Life	Seeking and Offering Support	Looking in the Mirror
Year 8	Created and Chosen	Appreciating Differences	Feelings	Before I Was Born	Tough Relationships	Think Before You Share	Wider World	The Trouble with Max	Trust the Truth – Part One	Trust the Truth – Part Two
Year 9	The Search for Love	Love People, Use Things	In Control of My Choices	Fertility And Contraception	Marriage Updated: Feb 2023	One Hundred Percent	Knowing My Rights and Responsibilities Updated: Feb 2023	Love, Honour, Cherish	The Gift of Sex	The Gift of Self
Year 10	Authentic Freedom	Self-Image	Beliefs, Values, Attitudes	Parenthood	Pregnancy and Abortion	Abuse	Solidarity	Babies	Responding to an Unexpected Pregnancy	Safe Sex or Save Sex?
Year 11	Self-Worth	Addiction	Eating Disorders	Birth Control	Pornography	STIs	Coercive Control	Truth and Lies	Truth or Lies – Part One	Truth or Lies – Part Two
Year 12								Common Room	Life in Sixth Form – Part One	Life in Sixth Form – Part Two
Year 13								Bakhita's Prayer	Understanding Human Trafficking	Taking Action

Signposts



If you want to find out more or just want to talk you could visit:

Child line:

<https://www.childline.org.uk>

NSPCC -

<https://www.nspcc.org.uk>

Thinkuknow –

<https://www.thinkuknow.co.uk>



NSPCC

